

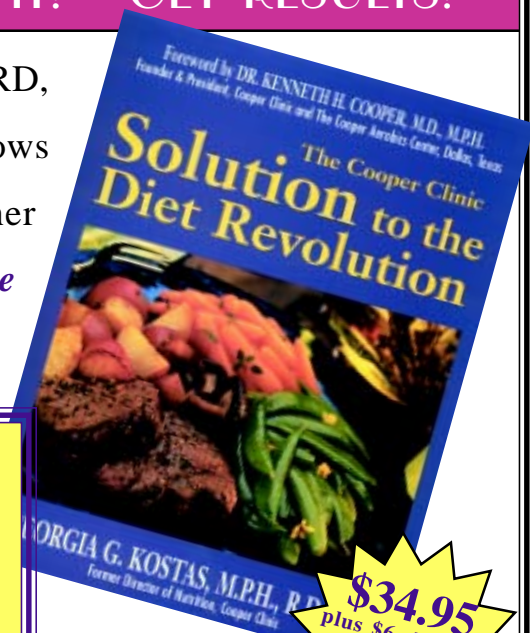
# STOP DIETING! LOSE WEIGHT!

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Georgia G. Kostas, M.P.H., R.D. was Nutrition Director of the Cooper Clinic in Dallas, Texas for 25 years, where she founded the clinic's nutrition program in 1979. An award winning nutritionist, she is now a public speaker, consultant to several companies and frequently quoted in popular publications. Her work with over 25,000 patients has allowed her to see what works.

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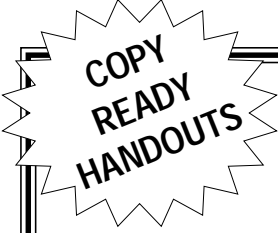
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- Dr. Kenneth H. Cooper, MD, MPH  
Founder & CEO, Cooper Clinic

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